

# GROWING?!

## Part 1: Understanding Spiritual Growth

### A) THE REALITY OF SPIRITUAL GROWTH

1) Growing? Growing!

Define growing?

Is every Christian growing?

The goal of this seminar:

2) Three Biblical Possibilities.

C\_\_\_\_\_ 1 Thessalonians 1:1-10; Colossians 1:1-8

S\_\_\_\_\_ I Corinthians 3:1-4; Hebrews 5:11-13

F\_\_\_\_\_ Revelation 2:4-5; Matthew 24:9-12; Hebrews 3:12-13;  
Hebrews 6:4-6; (Colossians 4:14, Philemon 24, 2 Timothy 4:10)

### B) THE NATURE OF SPIRITUAL GROWTH

1) His\_\_\_\_\_ (P\_\_\_\_\_). Our\_\_\_\_\_ (S\_\_\_\_\_).

2) He P\_\_\_\_\_ it. We P\_\_\_\_\_ it.

3) He makes\_\_\_\_\_. We make\_\_\_\_\_.

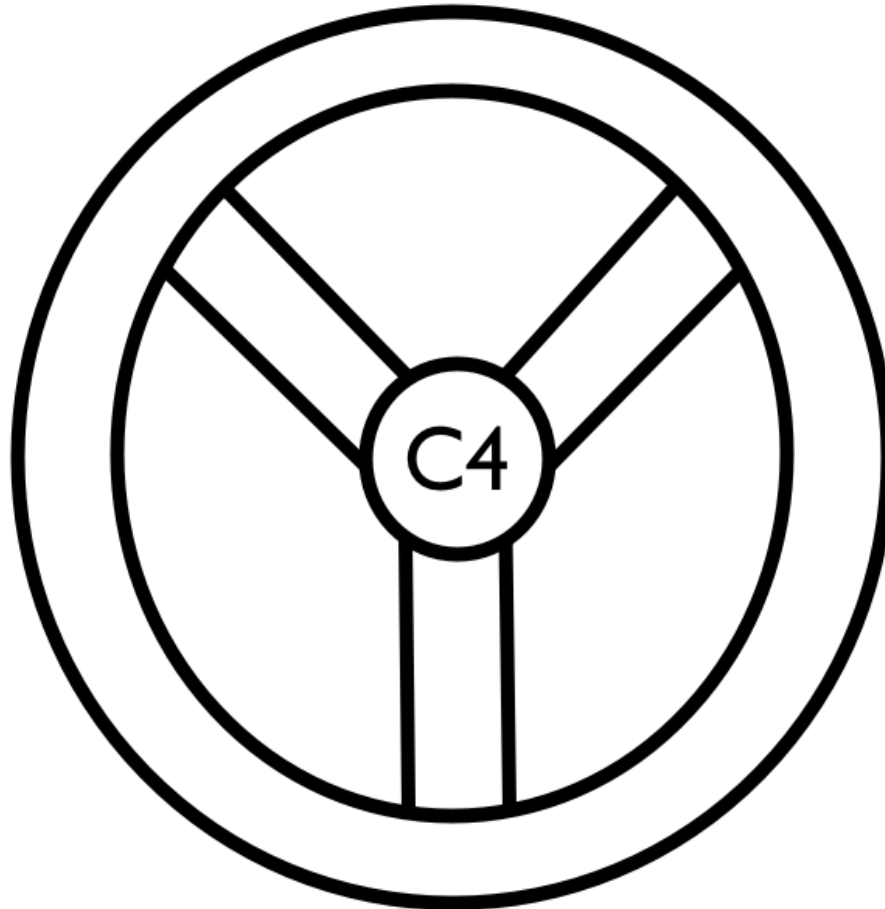
4) We\_\_\_\_\_. He\_\_\_\_\_.

Biblical Support: 1Corinthians 3:5-9; Ephesians 4:17-24; Romans 6:1-11, 12-14;  
Galatians 5:16-25; Philippians 2:12-13

### C) THE PROCESS OF SPIRITUAL GROWTH

- 1) Not a G\_\_\_\_\_ line. A S\_\_\_\_\_ line.
- 2) Debunking the myths.
- 3) Forget the silver bullet. Remember the silver center.

### D) THE PICTURE OF SPIRITUAL GROWTH



- 1) The Rim: Matthew 28:19-20; Ephesians 2: 13-15; Galatians 4:19, & 2:20
- 2) The Spokes: Colossians 1:9-15
- 3) The Hub: John 15:1-11; Colossians 2: 6-7, 10-11, 13, 18-19
- 4) C4: The Silver Center

C\_\_\_\_\_ C\_\_\_\_\_ and C\_\_\_\_\_ to C\_\_\_\_\_.

**C2:**

**C3:**

**He has\_\_\_\_\_ . I have\_\_\_\_\_ .**

# GROWING?!

## Part 2: Fueling Spiritual Growth

### A) PERSONAL DISCIPLINES:

- 1) Biblical Basis: Hebrews 5:14; 1 Timothy 4:7-8, 15-16; 1 Corinthians 9:24-27; Philippians 2:13; 2 Timothy 2:1, 3-6, 4:1-8; Hebrews 12:1-3
  
- 2) Primary Disciplines: The BIG three
  - a) The Word: 2 Timothy 3:16-17; Hebrews 4:12; Psalm 19:7-11
  
  - b) Prayer: Lord'S Prayer; Ephesians 6:18;
  
  - c) Worship: Romans 12:1-2
  
- 3) The BIG three become one: QT
  
- 4) Secondary Disciplines:
  - a) Solitude (Q2TG)
  
  - b) Sabbath: Cease, Savor, Rest, Reflect, Restore
  
  - c) Reading
  
  - d) Listening
  
  - e) Recording
  
  - f) Recalibrating: Daily, Weekly, Monthly
  
- 5) Integrated Disciplines

**B) COMMUNITY DISCIPLINES:**

- 1) Biblical Basis: Hebrews 3:12-13, 10:23-25; 1 Corinthians 12:14-23; Ephesians 4: 11-16; Colossians 2:19, 3:16; Galatians 6:1-2
- 2) Corporate Worship
- 3) Life Groups: Relational, Transformational, Missional
- 4) Learning/Study Groups
- 5) Accountability Groups
- 6) Prayer Groups
- 7) Mentoring/Counseling Relationships

**C) MINISTRY DISCIPLINES:**

- 1) Biblical Basis: Ephesians 4:16; Colossians 2:9, 1 Peter 4:10-11
- 2) Primary Ministry
- 3) Secondary Ministry

# **GROWING?!**

## **Part 3: Planning for Spiritual Growth**

A) HONESTLY ASSESS YOUR NEEDS:

a. C4

b. Character, Knowledge Service.

c. Personal Disciplines, Community Disciplines, Ministry Disciplines.

B) REFLECT ON YOUR SCHEDULE, RYTHMS, LEARNING STYLE, SEASON OF LIFE, INTEGRATION NEEDS.

C) PUT IN THE BIG THREE FIRST

- a. When?
- b. Where?
- c. How long?
- d. How often?

D) TRY 1-3 NEW THINGS

- a. Keep it simple
- b. Keep it reasonable

E) DECIDE IN ONE WEEK: WRITE IT DOWN: MID-JANUARY

F) EVALUATE AND ADJUST AFTER TWO WEEKS: END OF JANUARY: TELL SOMEONE!

G) REVIEW AND RECOMMIT AT THE END OF EVERY MONTH: TELL SOMEONE!

H) A SIMPLE SAMPLE JUMPSTART PLAN: 1 X 5 = TNT